



Yuen's Family Martial Arts Centre

1051 Ridgeway Avenue Coquitlam BC V3J 1S6 • 604-939-0978 • mryuen@yuens.ca

Class Schedule

| Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------------------------|--|-------------------------------------|--|--|
| 3.30 Family Beginner | 4.00 Junior Intermediate & Advanced | 3.30 Little Champion Basic | 4.00 Junior Intermediate & Advanced | 4.30 Little Champions Basic |
| 4.15 Little Champions Basic | 5.00 Little Dragons | 4.00 Family Beginner | 5.00 Little Champions Basic | 5.00 Little Champions Black Belt Club |
| 4.45 Jr. Black Belt | 5.30 Little Champions Basic | 4.45 Jr. Intermediate & Advanced | 5.30 Little Dragons | 5.30 Jr Int & Adv Review Cycle Review |
| 5.45 Jr. Intermediate & Advanced | 6.00 Little Champions Black Belt Club | 5.45 Cycle Review | 6.00 Little Champions Black Belt Club | 6.15 Jr. & Adult Black Belt |
| 6.45 Cycle Review | 6.45 Family Beginner | 6.30 Jr. & Adult Black Belt | 6.45 Family Beginner | 7:15 SWAT |
| 7.15 Adult Black Belt | 7.30 Teen / Adult – All | 7.30 Yeung Chuan | 7.30 Teen / Adult – All | |
| 8.15 Yeung Chuan | | | | |

COVID19 Announcement

Students must pre-register for classes on the website. Class duration may be affected to allow for cleaning times. Ensure that previous class has exited before entering the school. We ask that the number of family members inside be limited. It is essential to read the email newsletter & Monthly Calendar to keep informed of schedule changes, closed days and special events.



BLACK BELT CLUB
2 – 3 x Week | 45mins



MASTERS CLUB
2 – 3 x Week | 60 mins

Fall schedule effective Tuesday, September 8th