



**DUE DATE**

August 2020

Remember these sheets are your responsibility, not your parents

Student's Name \_\_\_\_\_

Student's Belt Rank \_\_\_\_\_

**Yuen's Family Martial Arts Centre**

**COURTESY**



*"All doors open to courtesy"*

**What Is Courtesy?**

Courtesy means showing politeness in both attitude and actions. People who show courtesy consider the feelings of others and think before they act. It is inseparable from respect.

If you were the only person in the world, you wouldn't need Courtesy or manners. But there are lots of people in the world, and good manners help everyone get along together.

Good manners are a habit. It's a thing we must use every day to get better and better. Over the next month, let's strengthen our courtesy together!

**Activity: Manners Everywhere**

Tell us about some good habits you have, plus new manners you could start to develop that would show awesome courtesy.

*Example: I cover my mouth when I sneeze / cough*

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_

**Activity: Kindness In Action**

Reflect on the scenarios below and determine which are using kindness and which are unkind. Circle the correct answer

Jordan is invited to play video games at Brooklyn's house. After an hour of playing, Jordan says "I'm tired of hanging out with you. I'm going to Riley's house to see what they're doing."

**KINDNESS**

**UNKIND**

Charlie is walking through the mall and sees a woman drop her purse. Charlie stops, picks up the purse and hands it to the woman.

**KINDNESS**

**UNKIND**

Alex is going to play basketball with their friends. After dinner, Alex stays a little longer to help mom clean the kitchen.

**KINDNESS**

**UNKIND**

Max knows their younger brother has trouble with math. Every time their brother asks for help, Max refuses.

**KINDNESS**

**UNKIND**

Taylor is picking teams for battle ball. They tell everyone that they do not want Ari on their team because Ari is too slow.

**KINDNESS**

**UNKIND**

Brett sees a girl crying on the steps of the school. They stop to ask if the girl is ok or needs help. Brett then informs the teacher of the situation

**KINDNESS**

**UNKIND**